

Breakfast Menu



Invictus Leadership Academy August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
Coffee Cake 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk	Mini Banana Pancakes Orange Whole Fruit 1% White Milk Fat Free White Milk	Cereal w/ Strawberry Grahams Pear Whole Fruit 2 1% White Milk Fat Free White Milk	Chicken & Waffle w/ Syrup Whole Fruit 100% Fruit Juice 2 1% White Milk Fat Free White Milk	Strawberry Muffin Green Apple Whole Fruit 2 1% White Milk Fat Free White Milk
30	31			
Cinnamon Delight 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk	Pan Dulce Orange Whole Fruit 1% White Milk Fat Free White Milk			

MENU SUBJECT TO CHANGE WITHOUT NOTICE
 Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
 This institution is an equal opportunity provider.



Menú Desayuno



Invictus Leadership Academy agosto 2021

lunes	martes	miércoles	jueves	viernes
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
Pastel de café Jugo de fruta 100% Fruta entera 1% Leche Blanca Leche Blanca Sin Grasa	Mini panqueques de plátano Naranja Fruta entera 1% Leche Blanca Leche Blanca Sin Grasa	Cereal con Fresa Grahams Pera Fruta entera 2 1% Leche Blanca Leche Blanca Sin Grasa	Pollo y waffles con mile Fruta entera Jugo de fruta 100% 2 1% Leche Blanca Leche Blanca Sin Grasa	Muffin de fresa Manzana verde Fruta entera 2 1% Leche Blanca Leche Blanca Sin Grasa
30	31			
Delicia de canela Jugo de fruta 100% Fruta entera 1% Leche Blanca Leche Blanca Sin Grasa	Pan Dulce Naranja Fruta entera 1% Leche Blanca Leche Blanca Sin Grasa			

MENÚ SUJETO A CAMBIOS SIN PREVIO AVISO

El desayuno incluye un plato principal, fruta y leche blanca sin grasa o 1% de leche blanca.
 Esta institución es un proveedor de igualdad de oportunidades.



Lunch Menu



Invictus Leadership Academy August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
Cheeseburger w/ Oven Baked Fries Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Beef Nachos w/ Tortilla Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Chicken Nuggets & Mash Banana Salad Side BW Sweet Edama 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Spaghetti & Meatballs Baby Carrots 2 Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Beef, Bean & Cheese Burrito Lettuce, Tomato, Pickle Kit 100% Fruit Juice 3 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
30	31			
Beef Hot Dog w/ Oven Baked Fries 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Double Cheese Sandwich w/ Fruitable Juice Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk			

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Menú Almuerzo



Invictus Leadership Academy agosto 2021

lunes	martes	miércoles	jueves	viernes
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
Hamburguesa con queso y con papas fritas al horno Manzana 1% Leche Blanca Leche Blanca Sin Grasa	Nachos de ternera con chips de tortilla Zanahorias baby Jugo de fruta 100% 1% Leche Blanca Leche Blanca Sin Grasa	Nuggets de pollo y puré de papa. Platano Ensalada con edamame 1% Leche Blanca Leche Blanca Sin Grasa	Espaguetis y albóndigas Baby Zanahorias Naranja 1% Leche Blanca Leche Blanca Sin Grasa	Burrito de carne de res, frijoles y queso Kit de lechuga, tomate, encurtidos Jugo de fruta 100% 3 1% Leche Blanca Leche Blanca Sin Grasa
30	31			
Hot dog de carne con papas fritas al horno Manzana 1% Leche Blanca Leche Blanca Sin Grasa	Sándwich de queso doble con jugo de frutas Zanahorias baby Jugo de fruta 100% Fruta entera 1% Leche Blanca Leche Blanca Sin Grasa			

MENÚ SUJETO A CAMBIOS SIN PREVIO AVISO

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